Astronomers

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August 2023

Relativity and Cosmology for Amateur

Special Relativity Primer

General Relativity Primei

Introduction to curved space-time

Theory of Cosmology

Counter-intuitive ideas

Our intuition is based on the length, time and mass scales we are used to in our daily lives 1

 $^{^1}$ Recommended viewing: Prof. V. Balakrishnan's first lecture on "Classical Physics", available on YouTube as part of NPTEL

²Reference for this section: "Gravity" by James B Hartle, chapters 3 and 4

Postulates of Special Relativity

Principle of Relativity

The laws of physics take the same form² in all inertial frames of reference³

(In other words, no experiment can distinguish one inertial reference frame from another)

Constancy of the speed of light

The speed of light in free-space has the same value c in all inertial frames of reference ($c=299792458~\mathrm{m/s}$)

²The mathematical form of the equation looks the same

³An inertial frame of reference is a frame that moves with a free particle

Relativity of Simultaneity

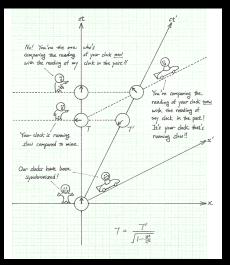
Events that are simultaneous in one inertial frame may not be so in another

Time dilation

Moving clocks appear to run slow

Time dilation

Moving clocks appear to run slow



Source: Special Relativity Lecture Notes by Prof. Tatsu Takeuchi

We can derive that

$$\Delta s^2 := c^2 \Delta t'^2 - \Delta x'^2 = c^2 \Delta t^2 \tag{1}$$

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These cases are called "time-like", "space-like" and "light-like" (or null) intervals.

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- When $\Delta s^2 > 0$, proper time $\Delta \tau := \Delta s/c \ (\Delta s^2 > 0)$. Proper time is the time measured by the clock in its rest frame.
- When $\Delta s^2 < 0$, proper length is $\sqrt{-\Delta s^2}$. Proper length is the length of an object measured in its rest frame.

Lorentz-Fitzgerald Contraction

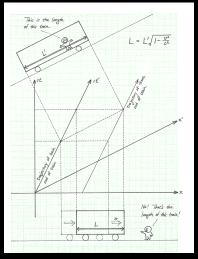
Moving rulers appear shorter

- ► Length: simultaneous measurement of the ends
- ► Simultaneous in one frame is not simultaneous in another!

$$\Delta x^{2} = \Delta x^{\prime 2} - c^{2} \Delta t^{\prime 2} < \Delta x^{\prime 2}$$
moving (3)
moving

Lorentz-Fitzgerald Contraction

Moving ruler appear shorter



Source: Special Relativity Lecture Notes by Prof. Tatsu Takeuchi

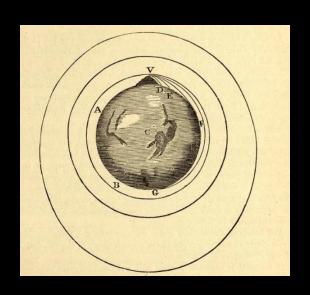
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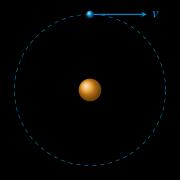
Theory of Cosmology

Newton's Cannonball



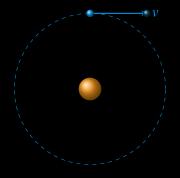
Orbiting planets are in free-fall

Free fall: The only force acting on the object is gravity



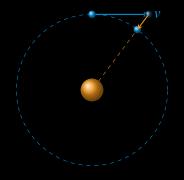
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The equivalence principle

The basis for general relativity

► Gravitational Mass = Inertial Mass

$$F=mg, \quad (g=GM/r^2)$$
 Newton's Gravitation Law $F=ma.$ Newton's Second Law

► A freely falling observer feels no gravity

The equivalence principle

The basis for general relativity

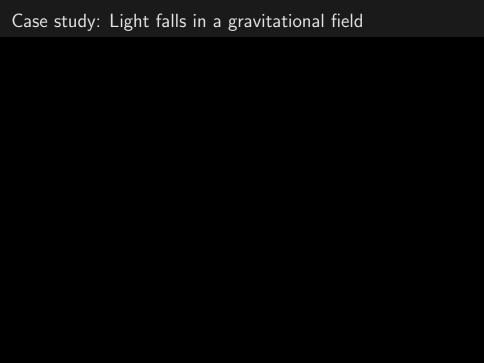
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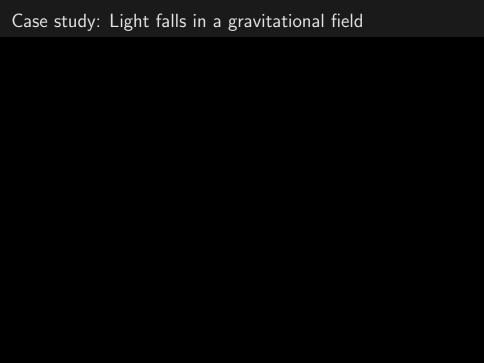
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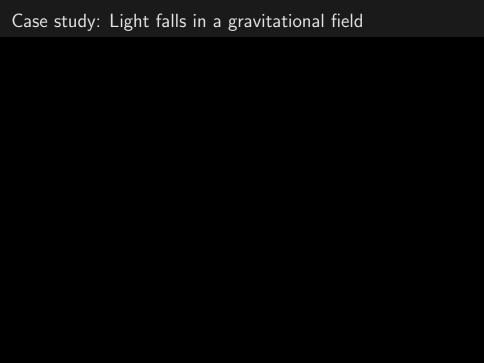
► A freely falling observer feels no gravity

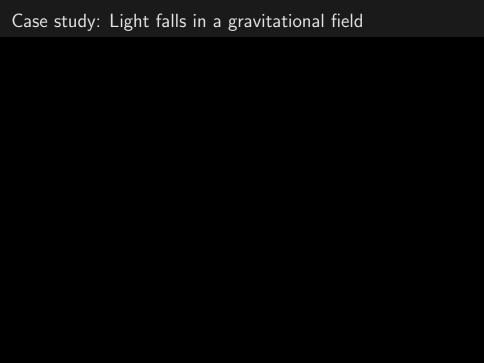
The Equivalence Principle

No experiment differentiate between a uniform gravitational field and a uniform acceleration







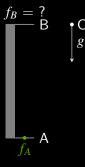


Case study: Light falls in a gravitational field

We can recover the property that "light travels in straight lines" by positing that the space has been curved by gravity.







⁴Argument is from "Gravity from the Ground Up" by Bernard Schutz

Photons climbing out of a gravitational potential well undergo redshift

Because B is moving away from the photon as seen by C, f_B must be redshifted⁴ relative to frequency seen by C = f_A

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Gravitational Time Dilation

- ightharpoonup Imagine clocks at A and B ticking at frequency f_A
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- Let's synchronize A and the light of frequency f_A being emitted at A so we get a crest every time the clock ticks
- ► The crests arrive more spaced out at *B* (redshift), as measured by the clock at *B*.
- ► Therefore at *B*, 10 ticks of the clock at *A* as signaled by the light beam register more than 10 ticks of the clock at *B*.
- ► Thus the clock at *A* is running slower.

Gravitational Time Dilation

Clocks lower in gravitational fields run slower Time runs slower lower in a gravitational field Special Relativity Primer

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Introduction to curved space-time

Local Inertial Frames
Curved Space
Basic Mathematics of Curved
Spacetime
Weak Field Metric

Theory of Cosmology

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Recap: Equivalence Principle

The Equivalence Principle

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Inertial observer in GR

- Freely falling
 - No other forces (other than gravity)

Recap: Equivalence Principle

The Equivalence Principle

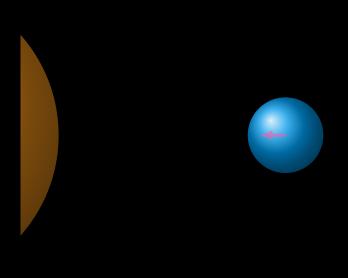
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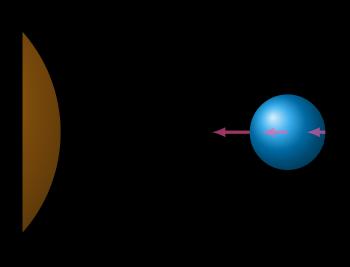
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What about non-uniform gravitational fields?

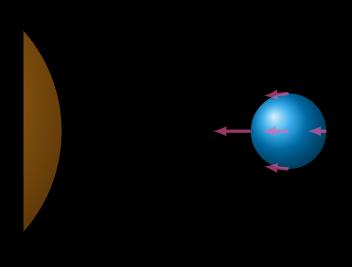
Tidal forces: Differential gravity



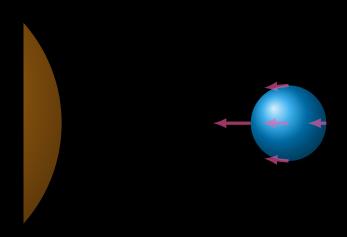
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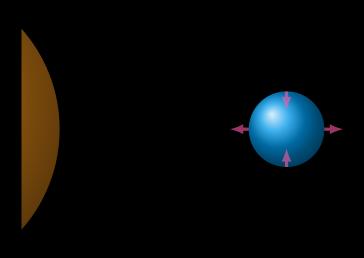


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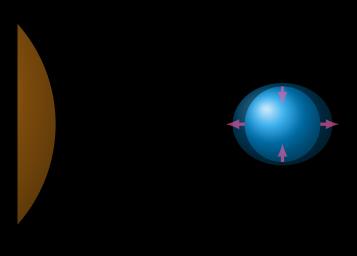


We now switch to the freely falling frame of the COG of the earth

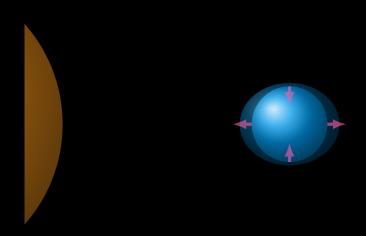
Tidal forces: in the local inertial frame of the COG of the earth



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For more details, refer to Schutz's Gravity from the ground up



Tidal forces are the remnants of gravity for a freely falling observer

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Local Inertial Frames

When the gravity is non-uniform, we can only define local inertial frames

Local inertial observer in GR

- ► Freely falling
- No other forces (other than gravity)
- ▶ Tidal effects still seen, only local effects of gravity vanish

The Equivalence Principle (Local Version)

Experiments in a *sufficiently small* freely-falling laboratory, over a *sufficiently short time* give the same results as the same experiments in an inertial frame in empty space

Tidal forces are the remnants of gravity for a freely falling observer

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Tidal forces are the remnants of gravity for a freely falling observer

But the ball has no forces acting on it! So it must go in a straight line!

Geodesics

Straight lines in curved space

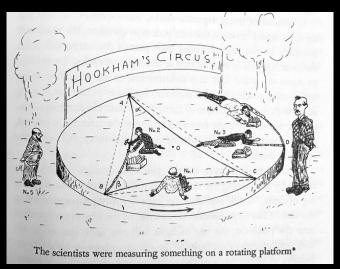
Geodesics

Straight lines in curved space

Geodesics on a sphere are great circles

Geodesics

Gamow's rotating platform



Gamow's Rotating Platform from Mr. Tompkins⁵

⁵See also his Scientific American article from March 1961

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Euclidean Geometry

- ► This is geometry on a flat plane or in a flat space
- ► What we learn in high school

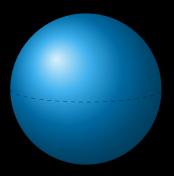
Euclidean Geometry

- ► This is geometry on a flat plane or in a flat space
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- Parallel straight lines do not intersect
- ► The sum of angles of a triangle is 180°
- lacktriangle Ratio of circumference to diameter of a circle is π

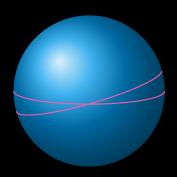
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- ightharpoonup The sum of angles of a triangle is 180°
- ightharpoonup Ratio of circumference to diameter of a circle is π
- ▶ Distance between two points is given by Pythagoras' theorem:

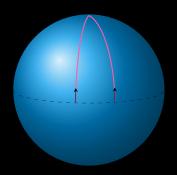
$$(distance)^2 = \Delta x^2 + \Delta y^2 + \Delta z^2$$



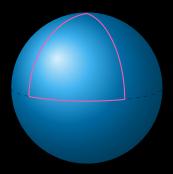
Note: We are talking about a 2-dimensional surface. We have *embedded* it in 3D (flat) space to understand it.



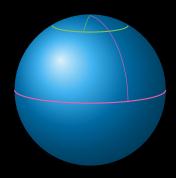
Two great circles intersect at exactly two points



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- i.e. lines that start out parallel do intersect

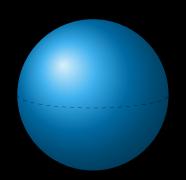


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- Two great circles intersect at exactly two points
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- ▶ The sum of angles of a triangle is always $> 180^{\circ}$
- Ratio of circumference to diameter of a circle is always
 π

A little bit of mathematics



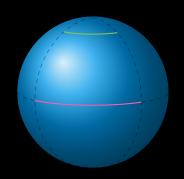
Distance between two nearby points is given by

$$(distance)^2 = \Delta \phi^2 + \cos^2 \phi \, \Delta \lambda^2$$

where ϕ is latitude, λ is longitude⁶.

⁴By convention, this is written in terms of co-latitude θ and using ϕ for longitude, e.g. in Schutz. Then this formula appears as $d\theta^2 + \sin^2\theta d\phi^2$.

A little bit of mathematics



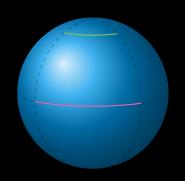
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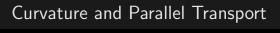
- Note that the distance metric varies with latitude!
- ► That's why

$$ds^2 = d\phi^2 + \cos^2 \phi \ d\lambda^2$$
.

Here $d\Box$ denotes a small change in \Box .

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Getting different results when transporting vectors is a hallmark of curvature

Beware of embeddings

They can be misleading

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Curvature in Riemannian Geometry

You cannot "cure" the curvature of a truly curved surface by bending it smoothly:

You will need to "cut it open" to flatten it out.

Warning! Mathematics ahead

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Distance formula in curved spacetime

► We've been seeing formulas like this:

$$ds^2 = dx^2 + dy^2 + dz^2$$
 (Euclidean)

$$ds^{2} = d\phi^{2} + \cos^{2}\phi d\lambda^{2}$$
 (Sphere)
$$ds^{2} = c^{2}dt^{2} - (dx^{2} + dy^{2} + dz^{2})$$
 (Spacetime)

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 $\mathrm{d}s^2 = c^2\mathrm{d}t^2 - (\mathrm{d}x^2 + \mathrm{d}y^2 + \mathrm{d}z^2)$ (Spacetime)

► They all have the pattern:

$$\begin{aligned} (\mathsf{distance})^2 &= (\mathsf{something1}) \ d(\mathsf{coord1})^2 \\ &+ (\mathsf{something2}) \ d(\mathsf{coord2})^2 \end{aligned}$$

• •

Distance formula in curved spacetime

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$$\begin{array}{lll} \mathrm{d}s^2 &=& \mathrm{d}x^2 + \mathrm{d}y^2 + \mathrm{d}z^2 \quad \text{(Euclidean)} \\ \\ \mathrm{d}s^2 &=& \mathrm{d}\phi^2 + \cos^2\phi \; \mathrm{d}\lambda^2 \quad \text{(Sphere)} \\ \\ \mathrm{d}s^2 &=& c^2\mathrm{d}t^2 - (\mathrm{d}x^2 + \mathrm{d}y^2 + \mathrm{d}z^2) \quad \text{(Spacetime)} \end{array}$$

► They all have the pattern:

$$\begin{aligned} (\mathsf{distance})^2 &= (\mathsf{something1}) \ d(\mathsf{coord1})^2 \\ &+ (\mathsf{something2}) \ d(\mathsf{coord2})^2 \end{aligned}$$

► This is called the *metric*

► It tells us how to calculate distance given the coordinates of two points (space) or events (spacetime)

The Metric Distance formula in curved space(time)

Actually, metric can in general have "cross" terms like $\mathrm{d}x\mathrm{d}y$, e.g.

Most general 2D metric

$$ds^2 = A(x, y) dx^2 + B(x, y) dy^2 + C(x, y) dx dy$$

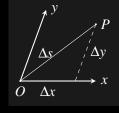
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Most general 2D metric

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Example: Axes that are not perpendicular



Cosine rule:

 $\Delta s^2 = \Delta x^2 + \Delta y^2 - 2\Delta x \Delta y \cos \theta$

The metric contains almost all information about curvature of space and time

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Euclidean Metric: Metric of flat space

$$\mathrm{d}s^2 = \mathrm{d}x^2 + \mathrm{d}y^2 + \mathrm{d}z^2$$

The metric contains almost all information about curvature of space and time

$$ds^2 = dx^2 + dy^2 + dz^2$$

$$ds^{2} = c^{2}dt^{2} - dx^{2} - dy^{2} - dz^{2}$$

The metric contains almost all information about curvature of space and time

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 $ds^{2} = c^{2}dt^{2} - a(t)^{2} [dx^{2} + dy^{2} + dz^{2}]$

$$\mathrm{d}s^2 = c^2 \mathrm{d}t^2 - \mathrm{d}x^2 - \mathrm{d}y^2 - \mathrm{d}z^2$$

Beware of flat space written in different coordinate systems!

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Euclidean 3-D space in Cartesian coordinates

$$\mathrm{d}s^2 = \mathrm{d}x^2 + \mathrm{d}y^2 + \mathrm{d}z^2$$

Euclidean 3-D space in polar coordinates

$$\mathrm{d}s^2 = \mathrm{d}r^2 + r^2 \left(\mathrm{d}\phi^2 + \cos^2\phi \; \mathrm{d}\lambda^2 \right)$$

There is nothing special about one set of coordinates!

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Euclidean 3-D space in Cartesian coordinates

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Euclidean 3-D space in polar coordinates

$$ds^2 = dr^2 + r^2 \left(d\phi^2 + \cos^2 \phi \ d\lambda^2 \right)$$

There is nothing special about one set of coordinates!

Non-Euclidean 2-D surface of a sphere

$$ds^2 = (d\phi^2 + \cos^2\phi \ d\lambda^2)$$

Curvature won't go away even if we use different coordinates!

Mathematics of the equivalence principle

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$$ds^2 =$$
(some complicated stuff)

Making a coordinate transform, change t to t', x to x', y to y' etc...

$$\mathrm{d}s^2 = c^2 \mathrm{d}t'^2 - \mathrm{d}x'^2 - \mathrm{d}y'^2 - \mathrm{d}z'^2$$
 (around some event P)

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$$ds^2 = c^2 dt'^2 - dx'^2 - dy'^2 - dz'^2 \quad \text{(around some event } P\text{)}$$

- ► This is the mathematical analog of the equivalence principle! We can find a local inertial frame where the laws of physics apply just like in flat spacetime
- Curvature, i.e. tidal effects, do not vanish!

Coordinates

Coordinates are just a systematic way of labeling events in spacetime



Coordinates

Metric

Same geometry can be written in different coordinates.

The shortest / longest distance / proper-time between two points

Distance between two points P and Q:

$$L = \int_{P}^{Q} ds$$

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Free Particle in Curved Spacetime

$$\underbrace{\frac{\mathrm{d}^2 x}{\mathrm{d}^2 \tau}}_{\mathsf{accel}} + \Gamma_{tt}^x \left(\frac{\mathrm{d}t}{\mathrm{d}\tau}\right)^2 = 0$$

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The second term is the pseudo-force we call gravity!

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Special Relativity Primer

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Local Inertial Frames
Curved Space
Basic Mathematics of Curved
Spacetime
Weak Field Metric

Theory of Cosmology

Metric of Newtonian Gravity

How gravity warps time near a mass

Recall: Gravity slows down clocks

⁸See Investigations 2.2 and 18.1 in Schutz's Gravity from the Ground Up

Metric of Newtonian Gravity

How gravity warps time near a mass

Recall: Gravity slows down clocks

Choose coordinate t to be the time ticked by a clock infinitely far away from the mass. Then, we know that the clock at height h in the gravitational field ticks slower⁸:

$$\delta \tau^2 = \delta t^2 \left(1 + \frac{2gh}{c^2} \right)$$

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Therefore identifying gravitational potential $\Phi=gh$, we can guess

$$ds^{2} = c^{2}d\tau^{2} = \left(1 + \frac{2\Phi}{c^{2}}\right)c^{2}dt^{2} - (dx^{2} + dy^{2} + dz^{2})$$

⁸See Investigations 2.2 and 18.1 in Schutz's Gravity from the Ground Up

Gravitational Time Dilation

- ightharpoonup Imagine clocks at A and B ticking at frequency f_A
- Let's synchronize A and the light of frequency f_A being emitted at A so we get a crest every time the clock ticks

Metric of Weak Gravity

But space also gets curved: remember Gamow's platform?

A more thorough derivation shows:

$$ds^{2} = \left(1 + \frac{2\Phi}{c^{2}}\right)c^{2}dt^{2} - \left(1 - \frac{2\Phi}{c^{2}}\right)(dx^{2} + dy^{2} + dz^{2})$$

Metric of Weak Gravity

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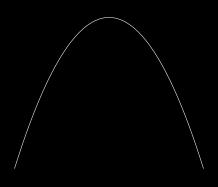
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Static. weak-field metric

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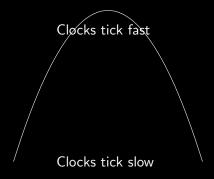
If we write out the geodesic equation for this metric, we will recover Newtonian gravity as $F_{\rm grav} = -\nabla \Phi$.

Projectile Motion Revisited Explanation seen in a Kip Thorne lecture

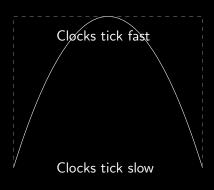


Projectile Motion Revisited

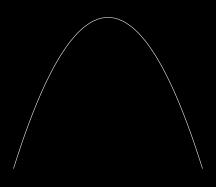
Explanation seen in a Kip Thorne lecture



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Recap

Introduction to Cosmology Expansion of the Universe Cosmological Redshift The ingredients of the universe The Friedmann Equation The Early Universe Distances in an Expanding (Flat) Universe

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- In curved space, distances are not given by differences of coordinates or simple Pythagoras theorem. Therefore we should not attach physical meaning to coordinates.
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- ► The *metric* provides a way to calculate distances in the spacetime and is the generalization of Pythagoras' theorem to curved spacetimes.
- ► The *metric* characterizes a curved spacetime.
- ▶ Beware of *embedding*: extrinsic geometry is different from *intrinsic* geometry. GR is concerned with intrinsic geometry.

A metric typically looks like

$$ds^{2} = (\cdots)c^{2}dt^{2} - (\cdots)dx^{2} - (\cdots)dy^{2} - (\cdots)dz^{2}$$

where $d\Box$ denotes a small change in $\Box.$ Note that space and time have opposite sign.

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 $\mathrm{d}s^2$ is the (small) distance between two neighboring events, whose coordinates are given by (t,x,y,z) and $(t+\mathrm{d}t,x+\mathrm{d}x,y+\mathrm{d}y,z+\mathrm{d}z)$.

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Most details of geometry of spacetime can be determined from the metric.

GR Concepts

- ► Matter tells spacetime how to curve, curved spacetime tells matter how to move
- ► Einstein's equations (which we did not discuss) when solved give the metric for a given matter configuration.

GR Concepts

- ▶ At any point in spacetime, one can *locally* make spacetime appear flat. An observer for which this is true is called a *local* inertial observer or a freely-falling observer.
- Freely falling observers follow geodesics, the generalization of straight lines to curved spacetime.
- ► A freely falling observer sees spacetime as flat around them. Thus, they do not feel gravity.
- But the effect is *local*. At further distances from the observer, there is the remaining effect of geodesic deviation or *tidal* force.
- ► Tidal forces are the "true" forces of gravity, seen by freely falling observers

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The study of the history of the observable universe and its evolution through physics

► The application of physics to the study of the universe at very large scales and its history

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- Current Standard Model of Cosmology: Called the ΛCDM model

The Cosmological Principle

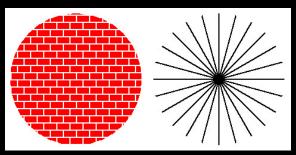
On large scales, spacetime is isotropic and homogeneous

The Cosmological Principle

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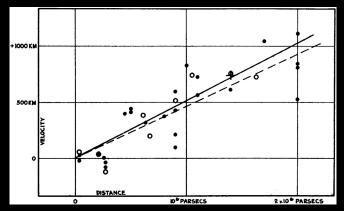
- Isotropic means "same in every direction"
- Homogeneous means "same at every point"

The Cosmological Principle



Homogeneity vs. Isotropy, Picture from Ned Wright's Cosmology
Tutorial

The Universe is Expanding



Plot taken from Edwin Hubble's 1929 paper.

Curvature of Space

Homogeneity + Isotropy \implies Only three possibilities for curvature of space

- ► 3D Sphere ("Spherical")
- ► 3D Saddle / Hyperboloid ("Hyperbolic")
- ► Flat ("Euclidean")

Observations show our universe is *spatially* flat to the best of our measurements.

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Note that at any given time instant, space is flat; spacetime is not.

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Homogeneity and Isotropy \implies only possible form of expansion!

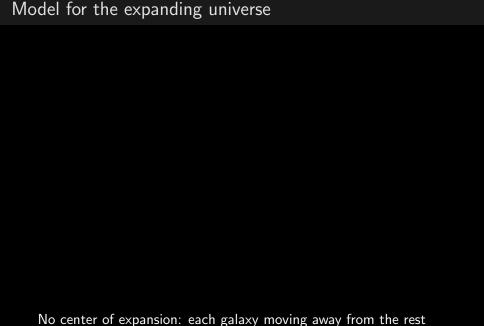
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Note that H can (and does) vary with time! "Hubble Parameter" H(t). Current value is denoted H_0 , $H_0 \approx 67-73 \, \mathrm{km/s/Mpc}$.



Model for the expanding universe

The standard metric of the universe

Friedmann-Lemaître-Robertson-Walker (FLRW) metric, for *flat space*:

$$ds^{2} = c^{2}dt^{2} - a(t)^{2}(dx^{2} + dy^{2} + dz^{2})$$

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$$ds^{2} = c^{2}dt^{2} - a(t)^{2}(dx^{2} + dy^{2} + dz^{2})$$

a(t) denotes a time-varying scaling of the *coordinates* to get the *distance*.

a(t) is called the scale factor.

Let one galaxy be at (x,0,0) and another at (0,0,0). Distance between them at time t is:

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Note x cancels out, this is the idea of Hubble-Lemître Law

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Left hand side is just v/r = H, so

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Introduce the notation $\dot{a}(t)$ for rate of change of a(t),

$$H(t) = \frac{\dot{a}(t)}{a(t)}$$

This is the relationship between Hubble parameter and scale factor

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Astronomers however continue to convert z to v as a matter of convention. One should not be alarmed by v>c because v is not properly a velocity.



z is more properly defined through:

$$z = rac{\Delta \lambda}{\lambda} = rac{\lambda_{
m observed} - \lambda_{
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Rearranging the above, we get

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Why is this approximate? Because v = H(t)r is valid across the universe at a given time,

but we can only observe the *past* light from galaxies, not their present positions.

Redshift! Redshift! Redshift!

It's one thing we can measure very well

- ▶ One of the most accurate measurements we can make is redshift.
- Distance can be measured through standard candles up to a certain distance, especially Type Ia Supernovae, but even this calibration is model-dependent.

Redshift! Redshift! Redshift!

It's one thing we can measure very well

- One of the most accurate measurements we can make is redshift.
- Distance can be measured through standard candles up to a certain distance, especially Type Ia Supernovae, but even this calibration is model-dependent.
- ► Think of redshift z as an independent measure of distance
- ► Think of redshift z as a replacement of time, since higher z is looking back into the past

Theory of Cosmology

The ingredients of the universe

 $^{\prime\prime}E=mc^{2}$, all forms of energy contribute to the curvature of spacetime

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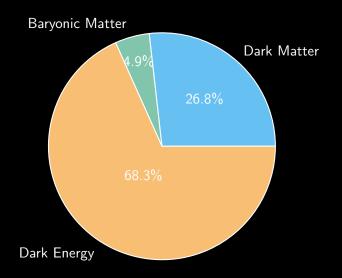
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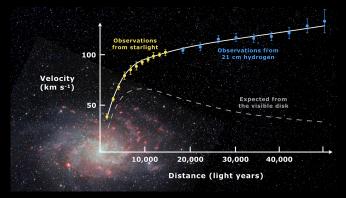
- ► Baryonic Matter ("regular" atoms and molecules making up galaxies)
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- Dark Energy (energy of empty space itself)

Current proportion of contents



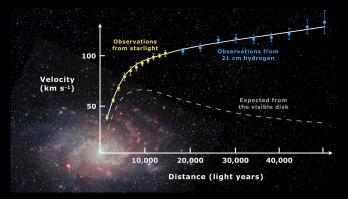
Radiation and Neutrinos: $\Omega_R = 10^{-4}$, negligible

Rotation curves of galaxies suggest matter extends way beyond their physical extent



Rotation Curve of M33 from Wikipedia, Credit: Mario De Leo.

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Other possible explanation: Modification to Newton's II Law (MOND), less popular.

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- Cannot be regular matter that's cold / does not emit, because it would block the light!
- Currently most anticipated: "Cold Dark Matter":
- ▶ i.e. massive particles (not light like neutrinos),
- interacts very weakly with ordinary matter and radiation
- Search for dark matter candidates still underway

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But it is needed to account for accelerated expansion of the universe.

As the universe expands...

density of matter (dark and baryonic) dilutes like $a^3(t)$

Number of galaxies remains constant, but volume of region increases like $a(t)^3$.

As the universe expands...

density of radiation (and neutrinos) dilutes like $a^4(t)$

As the universe expands... density of dark energy does not dilute at all

Density of the contents of the universe

as a function of scale factor a(t)

Recall that 1+z=a(now)/a(then). If today's densities are:

- ightharpoonup Matter: ho_M ,
- ▶ Photons and Neutrinos: ρ_R ,
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then the past densities at redshift z are:

- ightharpoonup Matter: $\rho_M(1+z)^3$
- ▶ Photons and Neutrinos: $\rho_R(1+z)^4$
- lacktriangle Dark Energy: ho_Λ

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Recall that 1+z=a(now)/a(then). If today's densities are:

- ightharpoonup Matter: ρ_M ,
- \triangleright Photons and Neutrinos: ρ_R ,
- \triangleright Dark Energy: ρ_{Λ} ,

then the past densities at redshift z are:

- ightharpoonup Matter: $\rho_M(1+z)^3$
- ▶ Photons and Neutrinos: $\rho_R(1+z)^4$
- ▶ Dark Energy: ρ_{Λ}

So the total density at any point in the past is

$$\rho(z) = \rho_M (1+z)^3 + \rho_R (1+z)^4 + \rho_{\Lambda}$$

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The Friedmann Equation
The Early Universe
Distances in an Expandin

Friedmann Equation

Einstein's equations roughly have the form:

Curvature of Spacetime
$$= \frac{8\pi G}{c^2}
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$$\left(\frac{\dot{a}}{a}\right)^2 = H^2 = \frac{8\pi G}{3}\rho.$$

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Note that $8\pi G/3 = 5.59 \times 10^{-10} kgm^3/s^2$ is just a constant. If we allow for curvature of space, it takes the form:

$$H(t)^{2} = \frac{8\pi G}{3}\rho(t) - \frac{kc^{2}}{a(t)^{2}},$$

where k=+1 for spherical, k=-1 for hyperbolic, k=0 for flat space.

This is called the Friedmann equation.

Critical Density

$$H(t)^2 = \frac{8\pi G}{3}\rho(t) - \frac{kc^2}{a(t)^2},$$

When k=0, i.e. flat space, the density ρ must be equal to

$$\rho_c(t) = \frac{3H(t)^2}{8\pi G}$$

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and divide the Friedmann equation by it

$$\left(\frac{H(t)}{H_0}\right)^2 = \frac{\rho(t)}{\rho_c} - \frac{kc^2}{\rho_c a(t)^2},$$

Put in the ingredients into ρ

Write in terms of z rather than t (both measure how far into the past we are looking).

Recall,

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So we can write,

$$\left(\frac{H(z)}{H_0}\right)^2 = \frac{\rho_M}{\rho_c}(1+z)^3 + \frac{\rho_R}{\rho_c}(1+z)^4 + \frac{\rho_\Lambda}{\rho_c} - \frac{kc^2}{\rho_c a(\mathsf{now})^2}(1+z)^2,$$

Density Parameters

We now define the density parameters as:

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$$\frac{H(z)^2}{H_0^2} = \Omega_{\Lambda} + \Omega_K (1+z)^2 + \Omega_M (1+z)^3 + \Omega_R (1+z)^4$$

(Must however include all forms of energy under mass density)

Pick an origin. Then by Isotropy + Newton's Shell Theorem, galaxy of mass m at radius r from the origin flying away with velocity v has energy

$$\frac{1}{2}mv^2 - \frac{4\pi Gm\rho r^2}{3} = E = \text{constant}.$$

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For escape velocity, E=0, so

$$H^2(t) = \frac{8\pi G}{3} \rho_c$$
 (Critical Denisty)

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For non-zero E, define $k := -2E/(mc^2)$,

$$H^2(t) = \frac{8\pi G}{3}\rho - \frac{k}{r^2}$$

So we get the full Friedmann equation!

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So we get the full Friedmann equation! Also if the universe is spherically curved, big crunch is possible

The Λ CDM model

Λ: Dark EnergyCDM: Abbreviation for Cold Dark Matter

 $\Omega_M=0.316,~\Omega_{\Lambda}=0.683,~\Omega_R$ and Ω_K negligible.

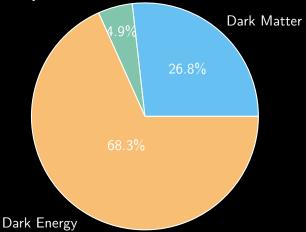
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Baryonic Matter



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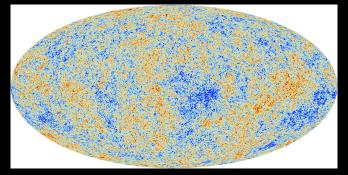
Distances in an Expanding (Flat)

From the present to the past

Using $\Omega_M = 0.268$, $\Omega_R = 9 \times 10^{-5}$, $\Omega_L = 0.732$

Cosmic Microwave Background Radiation

The universe is filled with microwave radiation



CMBR map from Planck collaboration. (c) ESA and Planck Collaboration

The CMBR is the redshifted relic of the hot universe

The temperature redshifts,

$$T(z) = T_0(1+z).$$

The spectrum remains that of a black-body.

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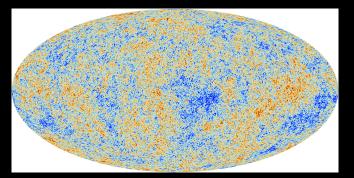
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$$T(z) = 3000K, T_0 = 2.7K \implies z_{\mathsf{recomb}} \approx 1100$$

Anisotropy of the CMBR

The temperature varies to a part in 10^5



CMBR map from Planck collaboration. (c) ESA and Planck Collaboration

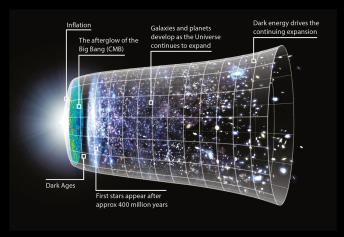
- ► The fluctuations in CMBR are imprints of fluctuations of matter density
- ► These fluctuations condensed under gravity to form galaxies

Behavior of the scale factor

Solutions of the Friedmann equation for various constituents

How it Dilutes	Behavior of Scale Factor
$\rho(t) \propto 1/a(t)^3$	$a(t) \propto t^{1/2}$
$\rho(t) \propto 1/a(t)^4$	$a(t) \propto t^{2/3}$
$ ho(t) = {\sf constant}$	$a(t) \propto \exp(H_0 t)$
	$o(t) \propto 1/a(t)^3$ $o(t) \propto 1/a(t)^4$

Expansion History of the Universe



Plot of a(t) vs t, Credit: NASA

Special Relativity Prime

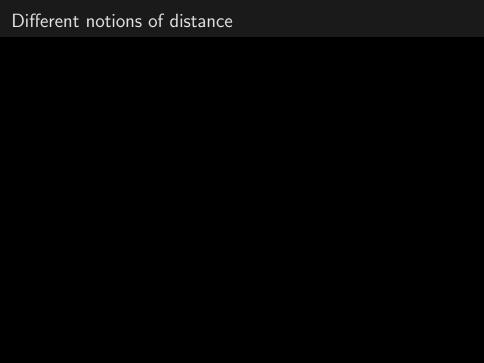
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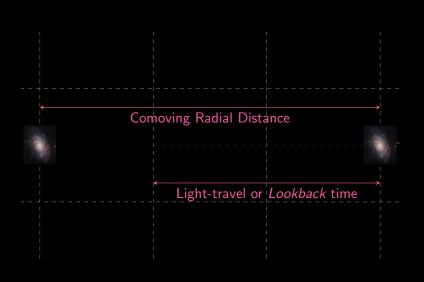
Theory of Cosmology

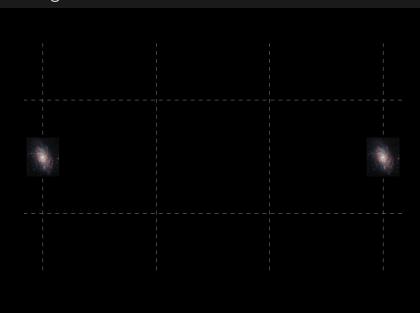
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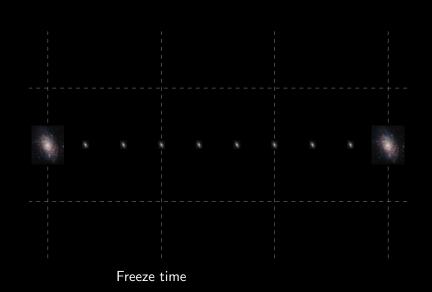
Distances in an Expanding (Flat)
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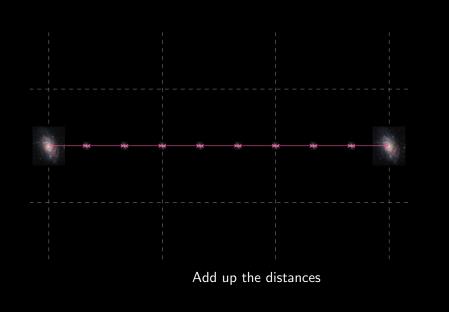


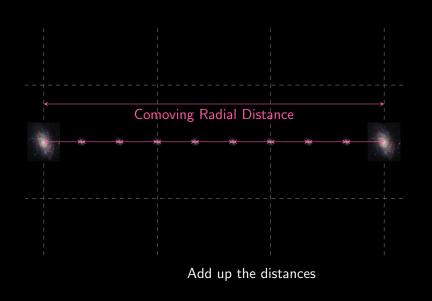
Different notions of distance



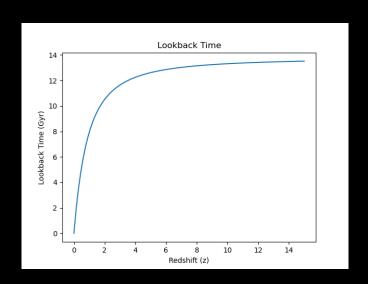








Light Travel Time vs Redshift



When we see a galaxy, it appears at it appeared in the past, at the lookback time t(z).

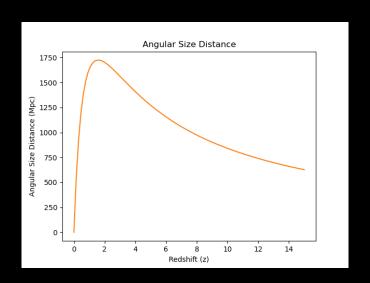
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At some point, we are looking so far back, that the galaxies start getting closer to us and the angular size distance actually decreases!



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$$F = \frac{L}{4\pi d^2}$$

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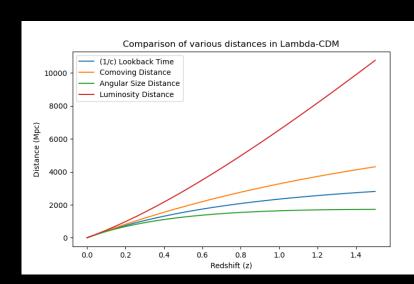
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Thus, the expanding-universe version is,

$$F = \frac{L}{4\pi d(z)^2 (1+z)^2},$$

so the *luminosity distance* is given by d(z)(1+z).

Different notions of distance



Define

$$E(z) := \Omega_{\Lambda} + \Omega_{K}(1+z)^{2} + \Omega_{M}(1+z)^{3} + \Omega_{R}(1+z)^{4}.$$

Light Travel Time:

$$t(z) := \frac{1}{H_0} \int_0^z \frac{\mathrm{d}z'}{(1+z')\sqrt{E(z')}}$$

$$d(z) := \frac{c}{H_0} \int_0^z \frac{\mathrm{d}z'}{\sqrt{E(z')}}$$

Different notions of distance Flat Universe

Angular Size Distance:

$$d_A(z) := \frac{d(z)}{1+z}$$

Luminosity Distance:

$$d_L(z) := d(z)(1+z)$$

Different notions of distance Flat Universe

Angular Size Distance:

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Luminosity Distance:

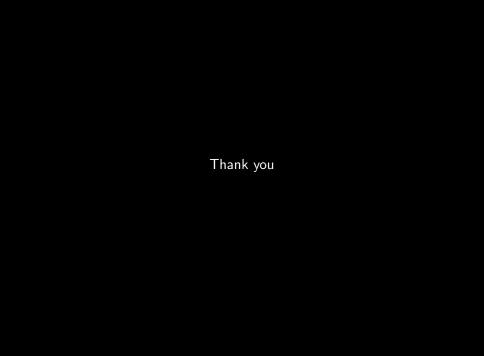
$$d_L(z) := d(z)(1+z)$$

Too many complex equations???? :-(

Use Ned Wright's Cosmology Calculator instead!



https://www.astro.ucla.edu/~wright/CosmoCalc.html



References

Lecture Series:

- Cosmology Lectures from Lenny Susskind's Theoretical Minimum (least technical)
- ► G Srinivasan's Lectures for Astronomical Society of India
- Cosmology Lecture (highly technical)

Online resources:

- ▶ Distance measures in cosmology by D. W. Hogg
- Ned Wright's Cosmology Tutorial
- Distances in Cosmology by G. Kauffmann
- ► GR and Distances by R. Kudritzki
- Ned Wright's Cosmology FAQ